



Coach Development Modules 2008

Sport Canterbury will again offer Coach Development Modules for Coaches who can not access their own sport modules or who need to update.

The topics chosen are on the whole presented in accordance with the SPARC Coach Development Framework and are therefore easily recognized as self directed learning options and would be accepted by your RSO.

At least one module will be run each month. The first unit will be held at Burnside Bowling Club. The intention is to see if this venue allows easy access for coaches on the other side of town. The remainder at present, will be at the Sports House Venue at QEII.

Module at Burnside Bowling Club: 330 Avonhead Rd

1 Coaching a Skill – Progressions Thursday 21 February 2008 at 6.30pm

Modules at Sports House: Village Green, QEII, 171 Travis Rd

2 Planning a Season and a Session. Monday 17 March 2008 at 7pm
- how to have fun and still work hard!

- is a long term plan important at club level?

3 Game Analysis Monday 7 April 2008 at 7pm

- how do I know what to say at half-time?

- at the end of the race?

- how to link performance to the next practice.

4 Understanding Your Athlete Monday 5 May 2008 at 7pm

5 Coaching girls/boys, men/women! Monday 26 May 2008 at 7pm.

- Should training/coaching styles be different?

- expectations.

6 Effective Coaching – How to Coach? Monday 23 June 2008 at 7pm

Cost: All Modules will be **\$15 each**, but if you want to come to two or more then the cost will reduce accordingly eg 2 = \$26, 3 = \$40, 4 = \$50 Includes all resources.

Please register with Coaching Director at pat@sportcanterbury.org.nz or call 373 5051 and leave a message expressing your interest, with your name and a contact number and the dates/venue you would like to attend.

Pat Barwick
Director of Coaching,
Sport Canterbury.