

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST ONE**

**Updated 2008**

**Teams referred to are BLACK and WHITE**

### Section 1:

**YES/NO QUESTIONS:** Each question is worth 1 mark.

Answer each question by circling YES or NO.

- |    |   |     |    |
|----|---|-----|----|
| 1. | Must the player taking a Throw In ensure all players are on court before taking the Throw In? | Yes | No |
| 2. | Is coaching allowed at a stoppage?  | Yes | No |
| 3. | Is a player offside if any part of her body touches the ground in an offside area?            | Yes | No |
| 4. | Can a team take the court with only 4 players?  | Yes | No |
| 5. | Can a player standing out of court defend a player who is on court?                           | Yes | No |

- |     |   |            |           |
|-----|---|------------|-----------|
| 6.  | Can a GS/GA shoot for goal from a Free Pass?  | <b>Yes</b> | <b>No</b> |
| 7.  | Can a taped medical alert bracelet be worn on the court?                                  | <b>Yes</b> | <b>No</b> |
| 8.  | Can team changes be made at any time?   | <b>Yes</b> | <b>No</b> |
| 9.  | May a player roll the ball to another player?   | <b>Yes</b> | <b>No</b> |
| 10. | Can a player holding the ball push it into an opponent to try and make the opponent move? | <b>Yes</b> | <b>No</b> |

**Section 2:**

**MULTI-CHOICE QUESTIONS:** Each question is worth 1 mark.

Choose one answer only to each question, and show your answer by circling the letter.

- |     |  |                      |          |          |
|-----|--|----------------------|----------|----------|
| 11. | <b>Black GK bats the ball, runs after it and bats it to Black WD.</b>  | <b>Circle Answer</b> |          |          |
|     | a Replayed ball Black GK, Free Pass White  |                      |          |          |
|     | b Allow play to continue.  |                      |          |          |
|     | c Replayed ball Black GK, Penalty Pass White.  | <b>a</b>             | <b>b</b> | <b>c</b> |
| 12. | <b>Black GD accidentally knocks the ball out of White GA's hands.</b>  | <b>Circle Answer</b> |          |          |
|     | a Allow play to continue.  |                      |          |          |
|     | b Contact Black GD, Free Pass White.   |                      |          |          |
|     | c Contact Black GD, Penalty Pass White.  | <b>a</b>             | <b>b</b> | <b>c</b> |
| 13. | <b>In attempting to rebound the ball, White GK tips the ball several times in an uncontrolled manner, before gaining possession.</b> | <b>Circle Answer</b> |          |          |
|     | a Replayed ball White GK, Free Pass Black  |                      |          |          |
|     | b Allow play to continue.  |                      |          |          |
|     | c Replayed ball White GK, Penalty Pass White.  | <b>a</b>             | <b>b</b> | <b>c</b> |
| 14. | <b>White's Centre Pass is caught by White WA in the Goal Third.</b>  | <b>Circle Answer</b> |          |          |
|     | a Allow play to continue.  |                      |          |          |
|     | b Free Pass Black in the Goal Third.   |                      |          |          |
|     | c Free Pass Black in the Centre Third.   | <b>a</b>             | <b>b</b> | <b>c</b> |
| 15. | <b>White WA takes a Throw In from behind the Goal Circle.</b>  | <b>Circle Answer</b> |          |          |
|     | a Throw in Black from behind the Goal Circle.  |                      |          |          |
|     | b Throw in White further along the Goal Line, outside the Goal Circle.   |                      |          |          |
|     | c Allow play to continue.  | <b>a</b>             | <b>b</b> | <b>c</b> |

**Section 3:**

**Complete the table below.**

Each question is worth 1 mark

<b>Infringement</b>	<b>Penalty</b> (½ mark)	<b>Is the infringer to stand out of play? Yes/ No</b> (1/2 mark)
<b>16.</b> Stepping		
<b>17.</b> Held ball		
<b>18.</b> Contact with the ball		
<b>19.</b> Replayed ball		
<b>20.</b> Out of court		

**Section 4:**

**Fill in the gaps with the correct word.**

Each question is worth 1 mark.

1. At a Toss Up, the two opposing players must stand .....(21) apart with .....(22) straight and hands to sides.
2. Match officials are:  
.....(23)  
.....(24)  
.....(25)

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST ONE - ANSWERS**

**Updated 2008**

Recommended allocation of marks shown in brackets.

### Section 1:

#### Yes/No QUESTIONS

(1 mark for each answer)

- |        |       |        |
|--------|-------|--------|
| 1. Yes | 2. No | 3. Yes |
| 4. No  | 5. No | 6. No  |
| 7. Yes | 8. No | 9. No  |
| 10. No |       |        |

### Section 2:

#### MULTI-CHOICE QUESTIONS

(1 mark for each answer)

- |       |       |       |
|-------|-------|-------|
| 11. b | 12. c | 13. b |
| 14. b | 15. a |       |

### Section 3:

#### Complete the table

(1 mark for each question)

Infringement	Penalty (½ mark)	Is the infringer to stand out of play? Yes/No (½ mark)
16. Stepping	Free Pass	No
17. Held ball	Free Pass	No
18. Contact with the ball	Penalty Pass	Yes
19. Replayed ball	Free Pass	No
20. Out of court	Throw In	No

### Section 4:

#### Fill in the gaps with the correct word

(1 mark for each question)

- |             |                 |             |
|-------------|-----------------|-------------|
| 21. 0.9m    | 22. arms        | 23. umpires |
| 24. scorers | 25. timekeepers |             |

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST TWO**

**Updated 2008**

**Teams referred to are BLACK and WHITE**

### Section 1:

**YES/NO QUESTIONS:** Each question is worth 1 mark.

Answer each question by circling YES or NO.

- |    |  |            |           |
|----|--|------------|-----------|
| 1. | If there is blood on the ball can the Umpire stop play?                                    | <b>Yes</b> | <b>No</b> |
| 2. | May a player stand with their toe on the line at a Throw In?                               | <b>Yes</b> | <b>No</b> |
| 3. | Does the umpire control the same half of the court throughout the game?                    | <b>Yes</b> | <b>No</b> |
| 4. | Would a player be penalised for accidentally knocking the ball out of an opponent's hands? | <b>Yes</b> | <b>No</b> |
| 5. | Can a player bat the ball once, and then catch the ball?                                   | <b>Yes</b> | <b>No</b> |
| 6. | Can a player fall on the ball to gain possession?  | <b>Yes</b> | <b>No</b> |
| 7. | Can a player in possession of the ball, hop on either foot?                                | <b>Yes</b> | <b>No</b> |

- |     |  |     |    |
|-----|--|-----|----|
| 8.  | May a player hold the ball for longer than 3 seconds?                                      | Yes | No |
| 9.  | Can a GS/GA who has been awarded a penalty pass or shot in the goal circle, pass the ball? | Yes | No |
| 10. | If a ball rebounds off the goal post, is it out of court?                                  | Yes | No |

**Section 2:**

**MULTI-CHOICE QUESTIONS: Each** question is worth 1 mark.

Choose one answer only to each question, and show your answer by circling the letter.

- |     |  |                      |     |
|-----|--|----------------------|-----|
| 11. | <b>Black C takes a throw in with her foot on the line.</b>   | <b>Circle Answer</b> |     |
|     | a No infringement, let play continue.<br>b Black C takes another throw in, correctly.<br>c Throw in White where original throw in was taken. | a                    | b c |
| 12. | <b>White GS catches the ball and lands on both feet simultaneously, then steps forward on right foot to shoot for goal successfully.</b>     | <b>Circle Answer</b> |     |
|     | a Stepping White GS, free pass Black.<br>b Stepping White GS, penalty pass Black.<br>c No infringement, let play continue.                   | a                    | b c |
| 13. | <b>Black WA standing outside the goal circle, throws the ball which passes through the goal ring.</b>  | <b>Circle Answer</b> |     |
|     | a Count goal for Black.<br>b Allow play to continue.<br>c Award a free pass to White.  | a                    | b c |
| 14. | <b>White GK defends Black GS at 0.9m. Black GS steps in and shortens distance to 0.5m, and has difficulty shooting the goal.</b>             | <b>Circle Answer</b> |     |
|     | a Award penalty pass or shot to Black.<br>b Allow play to continue.<br>c Award penalty pass or shot to White.                                | a                    | b c |
| 15. | <b>Black GS shoots for goal with her right foot on the goal line.</b>  | <b>Circle Answer</b> |     |
|     | a Allow play to continue.<br>b Throw in White.<br>c Free pass White.   | a                    | b c |

**Section 3:**

**Complete the table below**

Each question is worth 1 mark

<b>Infringement</b>	<b>Penalty</b> (½ mark)	<b>Is the infringer to stand out of play? Yes/ No</b> (½ mark)
<b>16.</b> Offside		
<b>17.</b> Obstruction		
<b>18.</b> Over a third		
<b>19.</b> Contact in Centre Third		
<b>20.</b> Out of court		

**Section 4:**

**Fill in the gaps with the correct word**

Each question is worth 1 mark

1. The umpire blows the whistle to .....(21) and .....(22) the game.
2. A toss up is awarded when .....(23) infringements occur between 2 opposing players
3. Before the game the umpires are required to inspect the players for .....(24), the correct length of .....(25) and jewellery.

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST TWO - ANSWERS**

**Updated 2008**

Recommended allocation of marks shown in brackets.

### Section 1:

#### Yes/No QUESTIONS

(1 mark for each answer)

- |        |        |        |
|--------|--------|--------|
| 1. Yes | 2. No  | 3. Yes |
| 4. Yes | 5. Yes | 6. No  |
| 7. No  | 8. No  | 9. Yes |
| 10. No |        |        |

### Section 2:

#### MULTI-CHOICE QUESTIONS

(1 mark for each answer)

- |       |       |       |
|-------|-------|-------|
| 11. c | 12. c | 13. b |
| 14. b | 15.a  |       |

### Section 3:

#### Complete the table

(1 mark for each answer)

Infringement	Penalty (½ mark)	Is the infringer to stand out of play? Yes/No (½ mark)
16. Offside	Free Pass	No
17. Obstruction	Penalty Pass	Yes
18. Over a third	Free Pass	No
19. Contact in Centre Third	Penalty Pass	Yes
20. Out of court	Throw In	No

### Section 4:

#### Fill in the gaps with the correct word

(1 mark for each answer)

- |              |                 |                  |
|--------------|-----------------|------------------|
| 21. start    | 22. stop        | 23. simultaneous |
| 24. uniforms | 25. fingernails |                  |

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST THREE**

**Updated 2008**

**Teams referred to are BLACK and WHITE**

### Section 1:

**YES/NO QUESTIONS:** Each question is worth 1 mark.

Answer each question by circling YES or NO.

- |     |   |            |           |
|-----|---|------------|-----------|
| 1.  | The umpire must ensure all players are in their correct playing areas before they blow the whistle for a Centre Pass.       | <b>Yes</b> | <b>No</b> |
| 2.  | At a Penalty pass, may the infringing player call out instructions to her team?   | <b>Yes</b> | <b>No</b> |
| 3.  | When a team is awarded a Free Pass may the player go offside to get the ball to take the Free Pass?                         | <b>Yes</b> | <b>No</b> |
| 4.  | May a player throw the ball while lying, sitting or kneeling on the ground?   | <b>Yes</b> | <b>No</b> |
| 5.  | May a player wear a taped earring?  | <b>Yes</b> | <b>No</b> |
| 6.  | Does the umpire control the same half of the court throughout the game?   | <b>Yes</b> | <b>No</b> |
| 7.  | When taking a Centre Pass, may the Centre place a foot on the ground outside the Centre Circle before the whistle is blown? | <b>Yes</b> | <b>No</b> |
| 8.  | Is up to 2 minutes allowed for each team's first stoppage for injury/illness in each quarter?                               | <b>Yes</b> | <b>No</b> |
| 9.  | Is a player obstructing, if defending a player with the ball, from 0.9m away?   | <b>Yes</b> | <b>No</b> |
| 10. | May a coach call for injury time from the sideline?   | <b>Yes</b> | <b>No</b> |

**Section 2:**

**MULTI-CHOICE QUESTIONS:** Each question is worth 1 mark.

Choose one answer only to each question, and show your answer by circling the letter.

11. **The minimum number of on court players a team can start with is?** **Circle Answer**
- a. 7
  - b. 5
  - c. 9.
- a   b   c**
12. **White WA catches the ball, lands on her left foot, steps on to her right, lifts her left foot and passes the ball to White C.** **Circle Answer**
- a. No infringement, let play continue
  - b. Stepping White WA, Free Pass Black where White WA stepped
  - c. Stepping White WA, Penalty Black where White WA passed the ball
- a   b   c**
13. **Black GS & Black GA catch the ball at the same time, Black GS lets the ball go and Black GA turns and shoots successfully for goal.** **Circle Answer**
- a. Short Pass Black, Free Pass White where Black GS & Black GA caught the ball
  - b. Short Pass Black, disallow goal, Free Pass White where Black GA shot for goal
  - c. No infringement, count goal, play continues
- a   b   c**
14. **White GS is successful in winning a Toss Up in the Goal Circle, turns and shoots successfully for goal.** **Circle Answer**
- a. Shot at goal after a Toss up White GS, Penalty Pass Black where White GS shot for goal
  - b. No infringement, let play continue, count goal
  - c. Shooting from a Free Pass White, Free Pass Black where White GS shot for goal
- a   b   c**
15. **At a Centre Pass, White WA pushes Black WD in attempting to get out for the Centre Pass.** **Circle Answer**
- a. Contact Black WD, Penalty Pass White where Black WD would not let White WA get out at the Centre Pass
  - b. Contact White WA, Penalty Pass Black where White WA pushed
  - c. No infringement, let play continue
- a   b   c**

**Section 3:**

**Complete the table below:**

Each question is worth 1 mark

<b>Infringement</b>	<b>Penalty</b> (½ mark)	<b>Is the infringer to stand out of play?</b> <b>Yes/ No</b> (1/2 mark)
<b>16.</b> Centre Pass not wholly received		
<b>17.</b> Short Pass		
<b>18.</b> Breaking		
<b>19.</b> Contact in Goal Circle GA		
<b>20.</b> Contact in Centre Third		

**Section 4:**

**Fill in the gaps with the correct word.**

Each question is worth 1 mark

1. A player who has \_\_\_\_\_(21) the ball shall play it within 3 seconds.
2. Black has the first Centre Pass in the game. Who has the next Centre Pass if the score is:  
13-9 \_\_\_\_\_(22)  
13-10 \_\_\_\_\_(23)
3. Each team's subsequent stoppages for injury/illness in each quarter is up to \_\_\_\_\_(24) seconds to get the player off the \_\_\_\_\_(25).

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST THREE - ANSWERS**

**Updated 2008**

Recommended allocation of marks shown in brackets.

### Section 1: Yes/No QUESTIONS

(1 mark for each answer)

- |        |        |        |
|--------|--------|--------|
| 1. No  | 2. No  | 3. Yes |
| 4. No  | 5. No  | 6. Yes |
| 7. No  | 8. Yes | 9. No  |
| 10. No |        |        |

### Section 2: MULTI-CHOICE QUESTIONS

(1 mark for each answer)

- |       |       |       |
|-------|-------|-------|
| 11. b | 12. a | 13. c |
| 14. b | 15. b |       |

### Section 3: Complete the table

(1 mark for each question)

Infringement	Penalty (½ mark)	Is the infringer to stand out of play? Yes/No (½ mark)
16. Centre Pass not wholly received	Free Pass	No
17. Short Pass	Free Pass	No
18. Breaking	Free Pass	No
19. Contact in Goal Circle GA	Penalty Pass	Yes
20. Contact in Centre Third	Penalty Pass	Yes

### Section 4: Fill in the gaps with the correct word

(1 mark for each question)

- |            |           |           |
|------------|-----------|-----------|
| 21. caught | 22. Black | 23. White |
| 24. thirty | 25. court |           |

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST FOUR**

**Updated 2008**

**Teams referred to are BLACK and WHITE**

### Section 1:

**YES/NO QUESTIONS:** Each question is worth 1 mark.

Answer each question by circling YES or NO.

- |     |  |            |           |
|-----|--|------------|-----------|
| 1.  | Can a player dispute a call with the Umpire during the game?   | <b>Yes</b> | <b>No</b> |
| 2.  | Can a coach stand on the Goal Line during play?  | <b>Yes</b> | <b>No</b> |
| 3.  | If a ball rebounds off the goal post and is caught by the GA may she shoot for goal?   | <b>Yes</b> | <b>No</b> |
| 4.  | May a player tip the ball in an uncontrolled manner more than once   | <b>Yes</b> | <b>No</b> |
| 5.  | Would a player be penalised for accidentally knocking the ball out of the hands of an opponent?                                  | <b>Yes</b> | <b>No</b> |
| 6.  | May a player reach over and take a ball from an area other than their own playing area without touching the ground in that area? | <b>Yes</b> | <b>No</b> |
| 7.  | Can a player holding the ball, push it into an opponent to try and make the opponent move?                                       | <b>Yes</b> | <b>No</b> |
| 8.  | Does a player taking a Throw In have to obey the Footwork Rule?  | <b>Yes</b> | <b>No</b> |
| 9.  | May a player hold the ball for 3 seconds?  | <b>Yes</b> | <b>No</b> |
| 10. | Can an umpire ask a player "what for?" before giving time for an injury?   | <b>Yes</b> | <b>No</b> |

**Section 2:**

**MULTI-CHOICE QUESTIONS:** Each question is worth 1 mark.

Choose one answer only to each question, and show your answer by circling the letter.

11. **Black GK bats the ball, chases it and then bats it to Black WD.** **Circle Answer**
- a. Replayed ball Black GK, Free Pass White where Black WD caught the ball.
  - b. Replayed ball Black GK, Free Pass White where Black GK batted the ball the second time.
  - c. No infringement, let play continue.
- a   b   c**
12. **White WA and Black WD catch the ball simultaneously in the Centre Third.** **Circle Answer**
- a. Simultaneous possession White WA and Black WD, toss up between any 2 players allowed in the Centre Third
  - b. Simultaneous possession White WA & Black WD, toss up in the Centre Third between White WA & Black WD where they caught the ball
  - c. Possession White WA, let play continue
- a   b   C**
13. **At a Throw In, White WA steps onto the court before throwing to White GS.** **Circle Answer**
- a. Stepping on court at a Throw In, White WA, retake the Throw In
  - b. Stepping on court at a Throw In, White WA, Throw In Black
  - c. Stepping on court at a Throw In, White WA, Free Pass Black on court
- a   b   c**
14. **Black GK defends White GS's shot at goal from a distance of 0.9m, making it difficult for White GS to shoot.** **Circle Answer**
- a. Obstruction Black GK, Free Pass White where Black GK defended from
  - b. Obstruction Black GK, Penalty Pass White where Black GK defended from
  - c. No infringement, let play continue
- a   b   c**
15. **Black GD accidentally knocks the ball out of White GA's hands.** **Circle Answer**
- a. No infringement, let play continue
  - b. Contact Black GD, Free Pass White where Black GD knocked the ball from White GA
  - c. Contact Black GD, Penalty Pass White where Black GD knocked the ball from White GA
- a   b   c**

**Section 3:**

**Complete the table below:**

Each question is worth 1 mark

<b>Infringement</b>	<b>Penalty</b> (½ mark)	<b>Is the infringer to stand out of play?</b> <b>Yes/ No</b> (1/2/ mark)
<b>16.</b> Stepping		
<b>17.</b> Obstruction in the Goal Circle		
<b>18.</b> Offside		
<b>19.</b> Over a Third		
<b>20.</b> Replayed Ball		

**Section 4:**

**Fill in the gaps with the correct word.**

Each question is worth 1 mark

1. After Team Captains toss for goal end or Centre Pass, who must they notify of the result. The \_\_\_\_\_ **(21)** and the \_\_\_\_\_ **(22)**
2. A goal is scored when the ball is shot from within the \_\_\_\_\_ **(23)** Circle and passes \_\_\_\_\_ **(24)** through the goal ring.
3. All penalties except a Toss Up are awarded to a \_\_\_\_\_ **(25)**

# NETBALL NEW ZEALAND



## CENTRE THEORY TEST BANKS

**PASS MARK**  
**23/25**

**TEST FOUR - ANSWERS**

**Updated 2008**

Recommended allocation of marks shown in brackets.

### Section 1:

#### Yes/No QUESTIONS

(1 mark for each answer)

- |         |        |        |
|---------|--------|--------|
| 1. No   | 2. No  | 3. Yes |
| 4. Yes  | 5. Yes | 6. Yes |
| 7. No   | 8. Yes | 9. No  |
| 10. Yes |        |        |

### Section 2:

#### MULTI-CHOICE QUESTIONS

(1 mark for each answer)

- |       |       |       |
|-------|-------|-------|
| 11. c | 12. b | 13. b |
| 14. c | 15. c |       |

### Section 3:

#### Complete the table

(1 mark for each question)

Infringement	Penalty (½ mark)	Is the infringer to stand out of play? Yes/No (½ mark)
16. Stepping	Free Pass	No
17. Obstruction in Goal Circle	Penalty Pass	Yes
18. Offside	Free Pass	No
19. Over a Third	Free Pass	No
20. Replayed Ball	Free Pass	No

### Section 4:

#### Fill in the gaps with the correct word

(1 mark for each question)

- |                |             |          |
|----------------|-------------|----------|
| 21. umpires    | 22. scorers | 23. Goal |
| 24. completely | 25. team    |          |