



As with previous years, the Christchurch Netball Centre is offering assistance with Netball activities. There are four ways by which we are keen to assist your school or club.

- 1) Coaching specialist Netball groups (teams or coaches). The charge for this is \$10 per hour- up to twelve in a group.
- 2) Coaching general class groups. This will be charged at \$20 per hour. Teachers must be present
- 3) Umpires sessions for students/players, coaches and parents. This session is free of charge.
- 4) Implementation of the Netball New Zealand Coaching Courses eg starting out in coaching for Years 11, 12 & 13 students and coaches. A minimum of 10 people are required to hold a course. The cost is \$20 please the cost of the hand books.

To make a booking for any of the above please contact me directly or fax the application below. I look forward to hearing from you and hope I can be of assistance during the season.

Yours Sincerely

**Amy Mckay**

Netball Development Coordinator  
Christchurch Netball Centre  
Ph: 3794489

**Please see form below and fill in**

## Coach training request

Field marked with a \* are required

**Session request :** \* (please tick)

Netball SMART - safety session

Teacher Training

Starting Out in Coaching Course

Future Ferns

Skill Progression

Game Sense/TGFU

Skills and Drills

Circle work- attack

Circle work- defence

Speed and Agility

Secondary school coaching

Primary school coaching

Intermediate school coaching

Rules and umpiring

Selection policies

Injury prevention (netball smart safety session)

Balance and stability

The roles of a manger and coach

Nutrition sessions

Others (please state):

**Name :** \*

**Address :** \*

**Phone no :** \*

**Mobile no :**

**email address :** \*

**School or Club :** \*

**Level of player:**

**Number of players/coaches or teachers attending:**

**Preferred date and time :** \*

**Comments :**

**Return to:**

**Amy Mckay**

Netball Development Coordinator

Christchurch Netball Centre

PO Box 9318, Addington, CHCH

**I will then be in contact with you, regarding the time, date and payment etc**

